

Japan Travel Packing Checklist



1. Before You Leave / Important Documents

- ☐ Passport **Required** **Carry-on**
Check that your passport is valid for your trip
- ☐ Visa (if required)
- ☐ Flight Tickets **Required** **Carry-on**
Saving a PDF or printing a copy is recommended
- ☐ Hotel Reservation Confirmation **Carry-on**
- ☐ Visit Japan Web Registration
- ☐ Cash (Japanese Yen) & Credit Card **Required** **Carry-on**
- ☐ Transportation IC Card (Suica, PASMO, etc.)
iPhone users can add Suica to Apple Wallet before departure. Physical IC cards can be purchased after arriving in Japan.
- ☐ SIM Card / eSIM **Carry-on**

If you need SMS verification or plan to make phone reservations, a SIM card or eSIM with a Japanese phone number is recommended.



HanaCell Japan SIM (Japanese website)
Japanese SIM/eSIM with Phone Number for Tourists
<https://www.hanacell.com/japan/>

2. Clothing & Personal Items

- ☐ Clothes
- ☐ Underwear & Socks
- ☐ Comfortable, Easy-to-Remove Shoes
You'll remove your shoes at places such as temples and izakaya
- ☐ Sleepwear (if needed)
Often provided free at hotels and ryokan
- ☐ Toiletries & Skincare Products (if needed)
Often provided free at hotels and ryokan
- ☐ Prescription Medications **Carry-on**

3. Electronics & Travel Accessories

- ☐ Smartphone, Charger & Charging Cable **Required** **Carry-on**
- ☐ Power Plug Adapter (if needed)
Not required for travelers from Taiwan, the U.S., or Canada, as they also use Type A outlets.
- ☐ Portable Charger **Carry-on**
Must be carried onboard the aircraft. Do not pack it in checked baggage.
- ☐ Foldable Reusable Shopping Bag
Many stores charge for shopping bags.
- ☐ Folding Umbrella
A UV umbrella that also works in the rain is recommended during summer.

4. Seasonal Items

- ☐ Light Jacket (Spring, Summer & Autumn)
Air conditioning indoors can feel chilly, even in summer.
- ☐ Sunscreen, Hat & Heat Protection Items (Summer)
- ☐ Warm Clothing, Lip Balm & Hand Cream (Winter)
Japanese winters are cold and dry.